



FACULTY SUB-HOUSE: PORTFOLIO SPECIFIC ROLES AND RESPONSIBILITIES

**Adopted from the Health House
Constitution.**

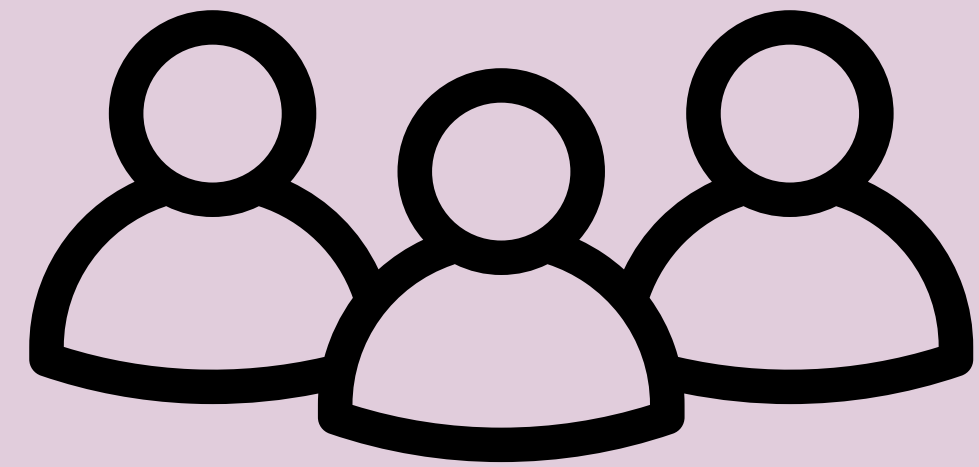
FACULTY SUB-HOUSE DEFINITION:

The University of Pretoria Constitution for Student Governance defines a sub-house as the official subordinate student structure of a Faculty House, organized to represent the interests of students registered to a particular department in a Faculty to which all registered students belong by default.

Health House | 2024

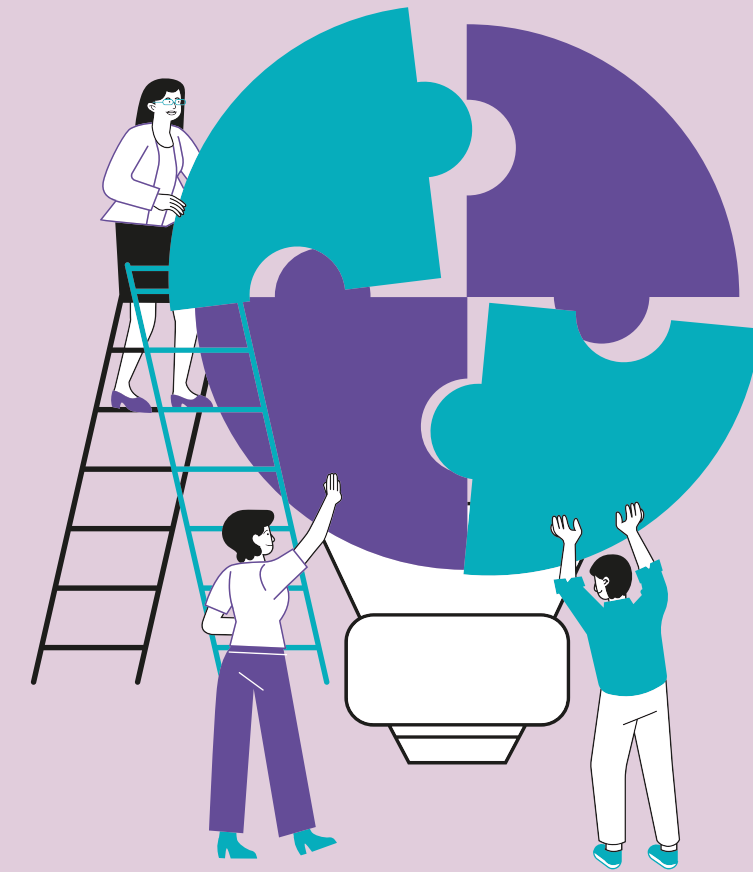
CHAIRPERSON

- **Represents and oversees all activities of their executive committee and their required tasks.**
- **Maintain good relations with other sub-houses, the Faculty House and the Health Science Faculty as a whole.**
- **Facilitate the creation of the term goals, objectives and vision**
- **Attend mandatory meetings including, but not limited to monthly chairperson meetings.**



VICE CHAIRPERSON

- **Supervise all activities of the executive committee**
- **Stand in on behalf of the Chairperson in their absence.**
- **Host team building activities to strengthen Executive Committee relationships.**



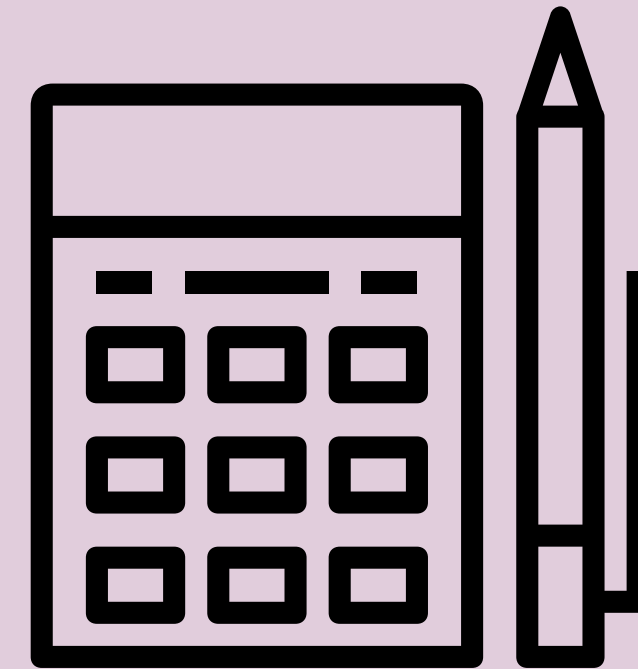
SECRETARY

- **Is responsible for the safe-keeping and recording of all the minutes and documents.**
- **Ensuring adequate and appropriate communication within the Executive Committee.**



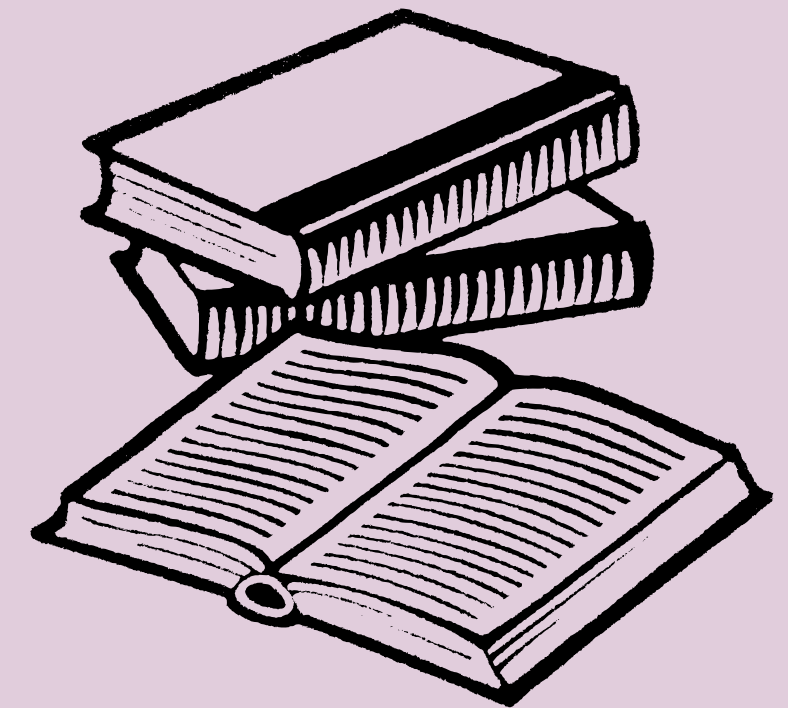
TREASURER

- **Keeps proper record of funds received and spent.**
- **Compiles the Sub-House Master Budget**
- **Report to the Chairperson and the EC members with regards to any financial events of note.**



ACADEMIC OFFICER

- **Assists with obtaining feedback from students with regards to academic-related issues experienced .**
- **Shares degree-specific academic resources to the students such as textbook lists and bursary opportunities.**
- **Should maintain good relations with class representatives and mentors and provides advice or training where necessary**



TRANSFORMATION OFFICER

- **Promote an inclusive and diverse culture within the sub houses and Health Sciences student body at large via the transformation agenda.**
- **Work alongside the Health House Transformation Officer and sub-houses to organise, host and coordinate programs/events for emotional, mental, physical, social and spiritual support for students**



MARKETING OFFICER

- **To establish, maintain and grow the brand identity of the sub house**
- **Manage and grow all social media accounts with intent to increase student participation. Accounts include Instagram, LinkedIn, Facebook.**
- **To attempt to monetize the sub house brand through merchandising.**



EXTERNAL CULTURE OFFICER

- **Assist the Health House External Culture Officer with coordinating, managing and ensuring the participation of Health Sciences students in the following STUKU events:**

- **InSync**
- **Step It Up**
- **Sing It Acapella**



INTERNAL CULTURE OFFICER

- To promote and help facilitate student cultural events and activities within the Faculty of Health Sciences.
- Coordinate, manage and ensure the participation of Health House and its student cohort in the following STUKU events:
 - Debating
 - Nothing But Vernac & Expression
 - Optional: Assist the External Culture Officer with Sing It Acapella



COMMUNITY ENGAGEMENT OFFICER

- Collaborate with societies that are involved in Community Engagement if possible.
- Be involved with any events or projects organised by UP RAG such as Rag Of Hope Day and Mandela Week.



SPORT OFFICER

- **Encourage student participation in sport activities and events as well as plan and organize such events.**
- **Promote opportunities available in UP such as from TuksSport and UPLYMPICS.**



SOCIAL OFFICER

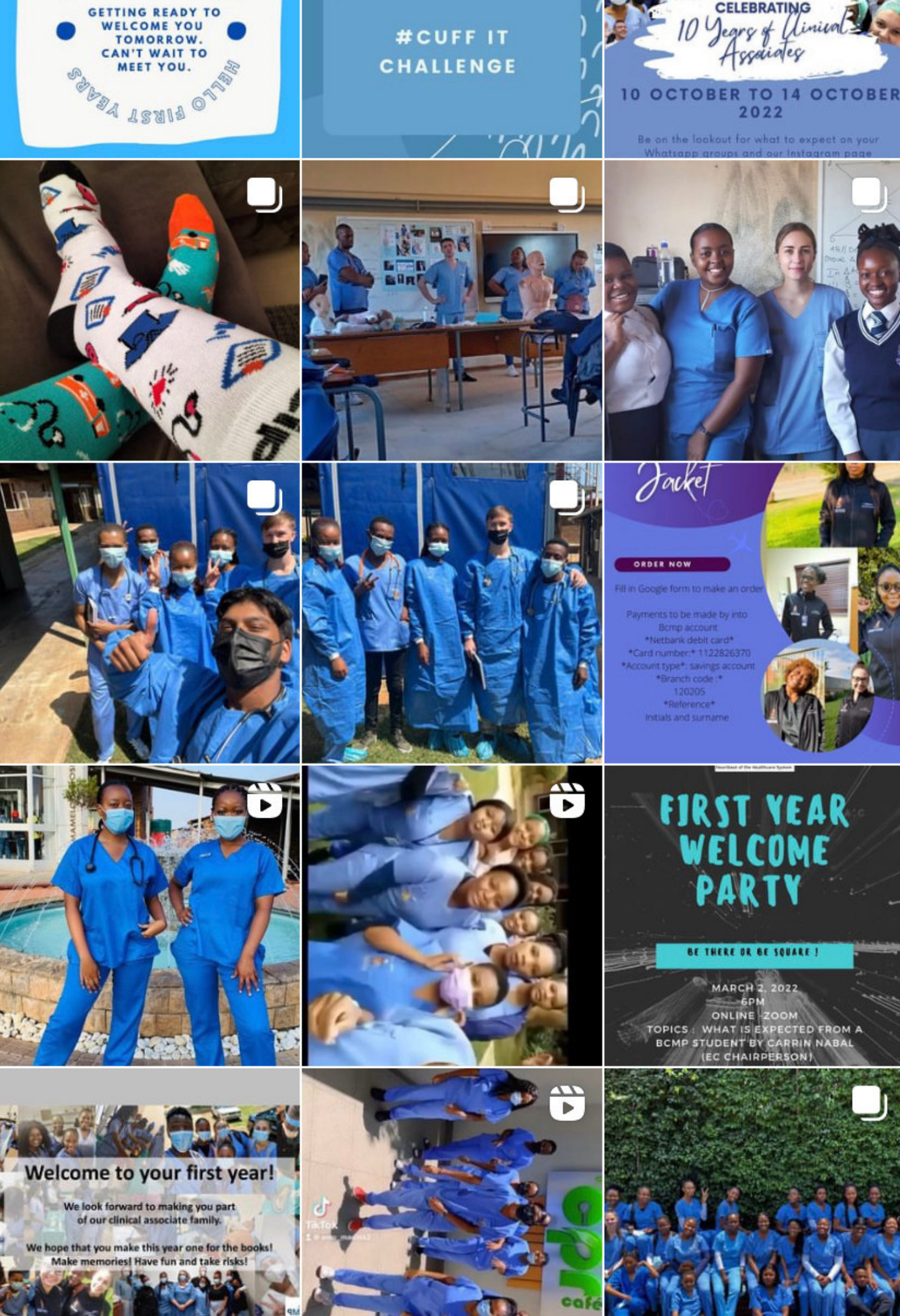
- **To host and manage social events that promote collaboration between students.**
- **To collaborate with other sub houses to bring about fun and inclusive social events.**



FIRST YEAR GUARDIAN

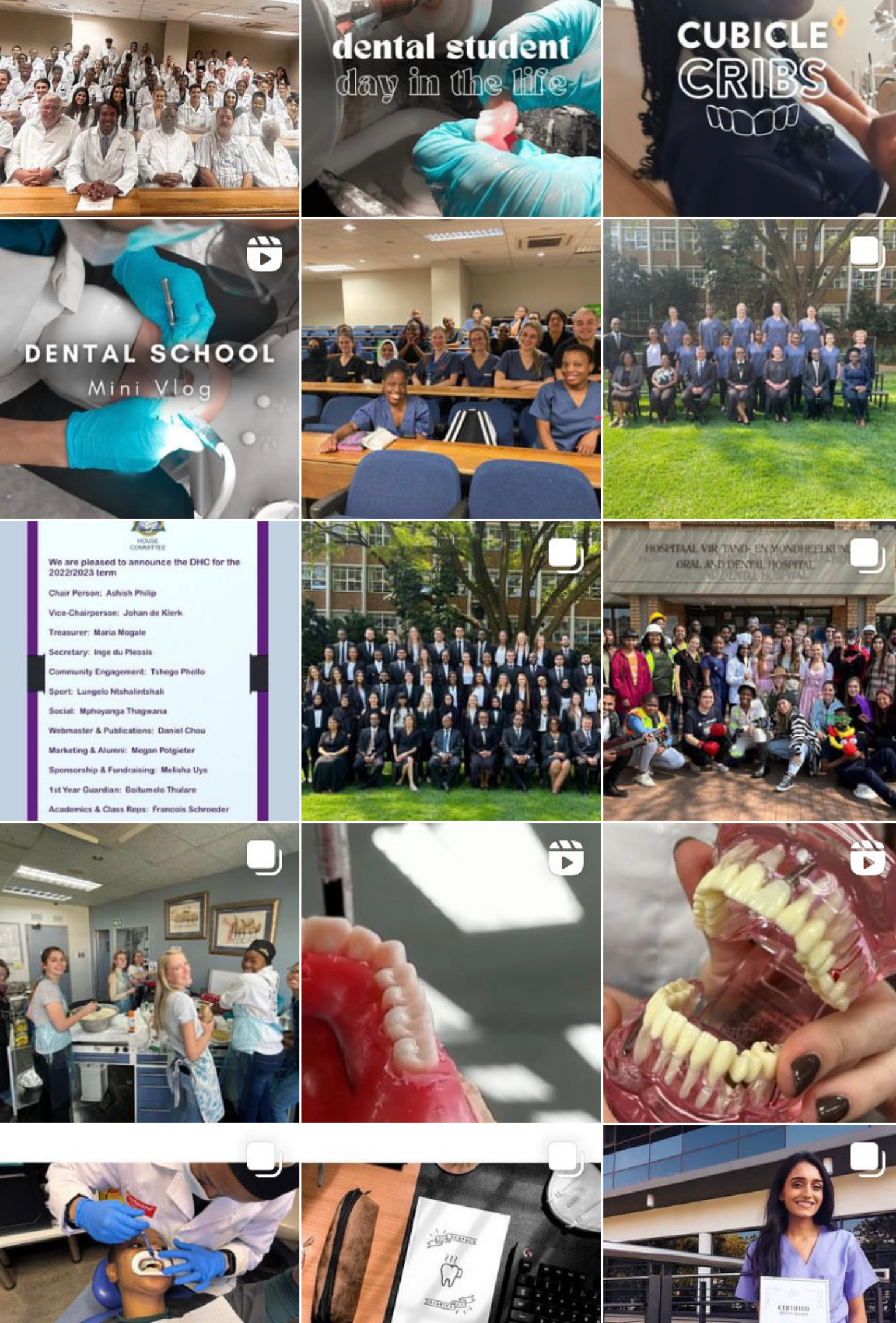
- **Their role is to be a warm and friendly face that first years are familiar with and are able to approach about any questions or guidance they may need**
- **Coordinates and/or is involved in any 1st year related events, especially during Orientation Week.**





HOUSE ANAPNEOS

BACHELOR OF CLINICAL MEDICAL PRACTICE EC



TUKS DENTAL LIFE

DENTAL & ORAL HYGIENE EC



WEEK!

20-24 June 2022

Comment your favourite part of being a future dietitian with us!

COMMITTEE

Last chance to apply!!

ITS THAT TIME OF THE YEAR AGAIN!

Executive Committee



A GLIMPSE INTO THE FUTURE

A discussion with two registered dietitians!

6PM, 1ST MARCH
GOOGLE MEET

WELCOME FIRST YEARS

We are so excited for you to join the Dietetics community!

WE ARE BACK!

We have big plans for the year! Make sure to keep up with all the House Dietetics news here.



A (very short) study snack guide!

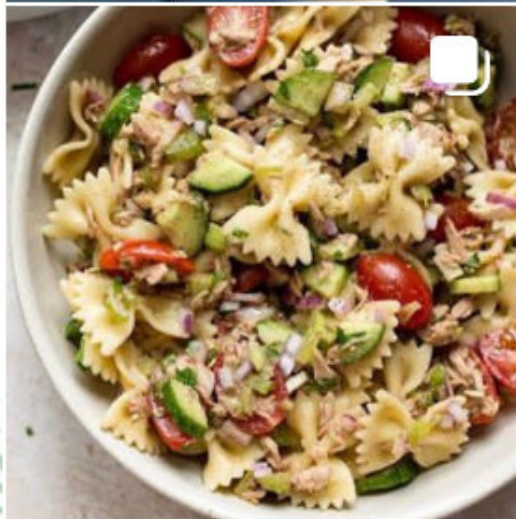
By (very helpful) **registered** Dietitians

ARE DIETITIANS ONLY CONCERNED WITH HOW TO HELP WEIGHT LOSS?

Actually no!

Dietitians can work in:

- Clinical Dietetics
- Community-based Dietetics
- Management of large-scale food units
- Sports Nutrition



Myth: GLUTEN FREE IS AUTOMATICALLY HEALTHIER

Not the case!

Gluten-free food is fit for purpose:

A diagnosed *gluten sensitivity/* *disease/* *allergy*

At the stage of the year when sound nutrition can take a hike?

Let us be your lifeline!

Diet Clinic is online and:

Ready to discuss mindful eating, healthy food choices, weight loss, gain and maintenance

Myth: FROZEN VEGETABLES ARE LESS NUTRITIOUS

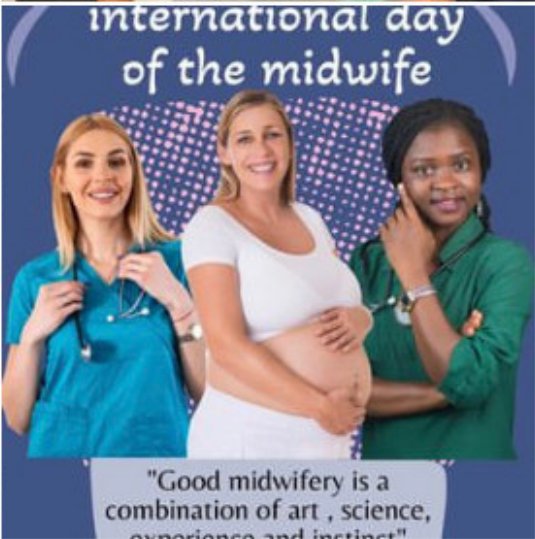
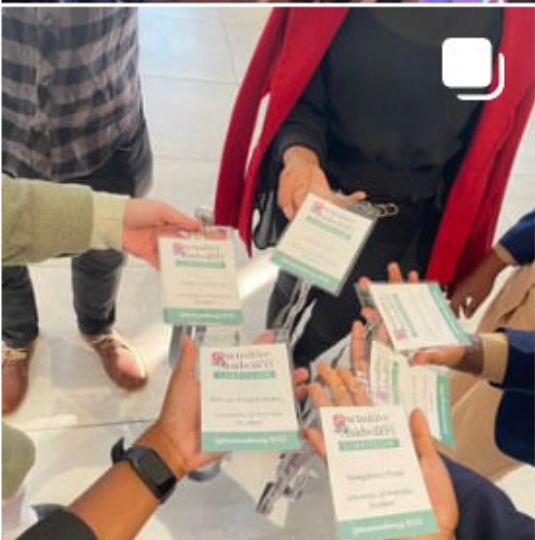
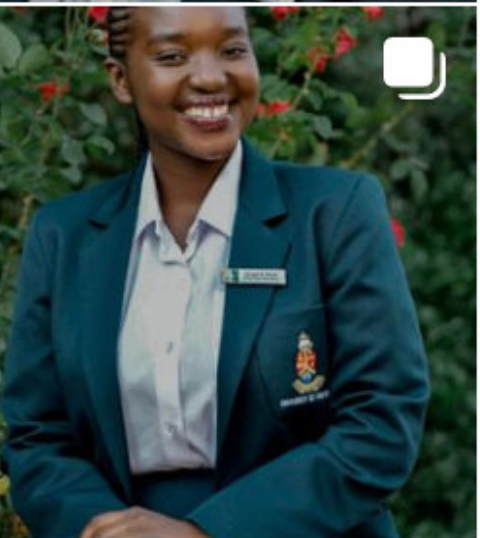
Strong no!

Snap freezing produce does not have a notable effect on nutrient profiles!

It's a helpful way to preserve

TUKS DIETETICS

DIETETICS EC



HOUSE NUTRIX

NURSING EC



HOUSE OT

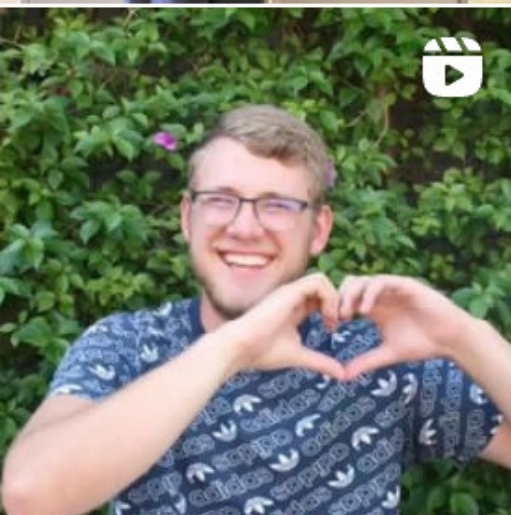
UP OCCUPATIONAL THERAPY EC



Two lucky winners will stand a chance to win our Tuks Physio Andes jacket.

All you have to do is purchase a ticket to our barmyard fundraiser event next Tuesday.

Link in our bio to secure your entry into



when?	what's it all about ?
26 September to 30 September 2022	let's celebrate OT and give back to the degree that makes us so happy
this year's theme	
Re-build, re-connect, re-discover	
schedule	
Monday - all OTs wear green - 12:30 chalk drawing activity at the construction unit	
Tuesday - 12:30 learn wheelchair tricks @ HW Snyman - last day to bring donations for Little ABLEs	



TUKS PHYSIO

PHYSIOTHERAPY EC

DRIVE

Do you have old books and textbooks that you haven't opened in months? Donate them and help us give back!

10-30 November 2023
Drop-off at HW Snyman Reception or with any Pulse member

For any queries, please contact Khanyisa at khanyisa.pulse2024@gmail.com



STRONGER TOGETHER

13 OCTOBER 2023

Join us in support of the Springboks' game on Sunday.

Wear the Springbok colours to campus this Friday!



HAPPY WOMEN'S DAY

To the most beautiful women, who embody courage, power and intelligence. Today we celebrate you!

HOSTED BY PULSE

HEALTH SCIENCES TALENT Show

Venue: The Musaion
Date: 18 August 2023
Time: 17:00

Follow the link/scan the code to buy tickets!

Tickets:
R50 (includes food, transport and an amazing show!)



ANNUAL HEALTH SCIENCES TALENT SHOW ART EXHIBITION

HOSTED BY PULSE

CALLING ON ALL THE ARTISTS, COME DISPLAY YOUR PAINTING, POEMS, PHOTOS AND MORE!

FILL IN THE GOOGLE FORM TO SIGN UP!

HUNGER GAMES 2023

Proudly Sponsored By:

SCRUBBIES
Abacon BlueStar
The Document Store

ONE HEALTH

A project promoting interdisciplinary healthcare and care for a community close to us.

Date: 09/08/2023
Time: 08h30 - 13h00
Venue: Makapanstad, Poppy's animal Outreach

HUNGER GAMES 2023

Food will be provided + Free tees and Prizes to be won!

Date: 05 August (Saturday)
Venue: BMS grass area
Time: 08h00-13h00

Pulse Executive Committee 2023/24

Chairperson:
Ndzhaka Khosa

Executive Committee:
Khanyisa Mathe
Prudence Silinda
Wanda Nduna
Mandisa Sinyane

Fitness FRIDAY

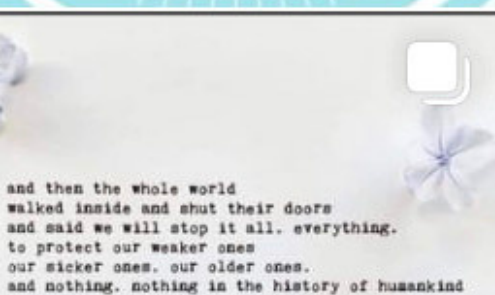
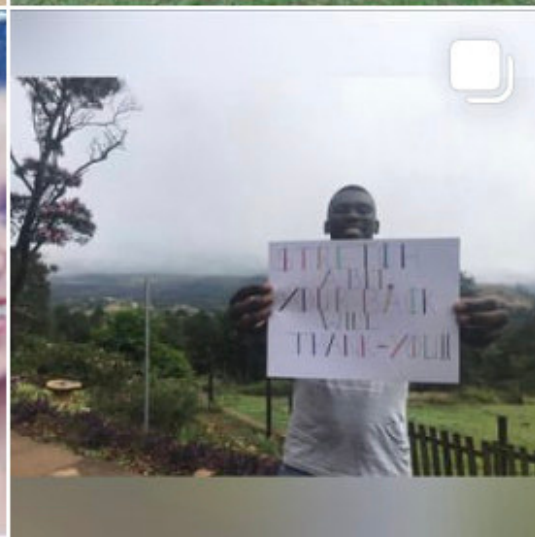
"TOUGH TIMES DON'T LAST BUT TOUGH PEOPLE DO" - ROBERT H. SCHULLER

WHAT I WISH I KNEW IN FINAL YEAR

A talk aimed at providing students budgets and guidance to final year students about how life looks like after leaving the campus

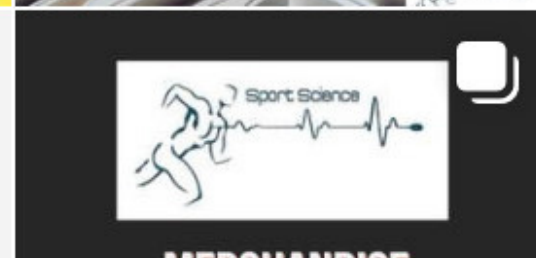
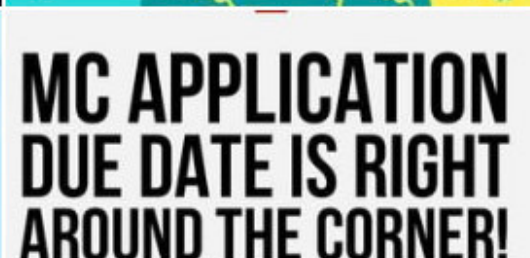
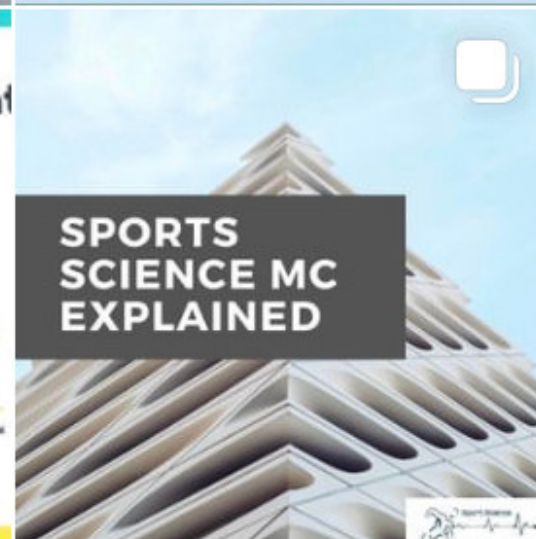
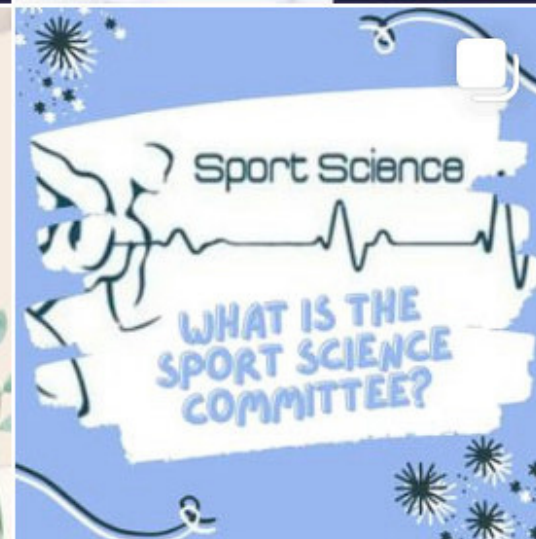
PULSE

MEDICAL EC



RADIORUM

RADIOGRAPHY EC



HOUSE SPORTS SCIENCE

SPORTS SCIENCE EC